





On the official website for the Centre for the Critical Studies of Rural Mental Health, we have a multitude of different seminars available to members, a few examples of these are:

Knowledge Translation

"...this reminded me to choose and use a knowledge translation theoretical framework and provided me ways of integrating knowledge translation into practice."

Writing Grants

"Penny's presentation was well thought out and easy to follow. She helped me gain perspective as a reviewer as well as a submitter"

Both of these seminars and more can be found at

centreforruralmentalhealth.com/research-seminars

Pets and Mental Health

Catherine Beaupre, a Veterinary student from Saskatoon, who is a member of the Centre submitted information on several initiatives by the Veterinary community:

- 1. Bell Let's Talk Day on January 28th is widely participated in by the veterinary community. Dr. Kathy Keil presented to Canadian Veterinary Medical Association Members CVMA. A link to the presentation can be found: https://www.youtube.com/watch?v=LzEquOVWu-c
- 2. Interview with CVMA president Dr. Enid Stiles discusses current challenges facing veterinary professionals due to chronic shortages in urban and rural centres. Interview can be found: https://globalnews.ca/news/7604584/exhausted-overburdened-and-overwhelmed-pandemic-pet-boom-leavingveterinarians-in-short-supply/
- 3. Dr. Volker Gerdts DVM and CEO at VIDO in Saskatoon, SK has been working on a vaccine for the virus causing COVID-19. It is now in the early clinical trial phase. Info can be found: https://www.cbc.ca/news/canada/saskatchewan/vido-intervac-vaccine-manufacturing-facility-phase-1-clinicaltrial-1.5899559
- 4. March Mental Health month is recognized at the Western College of Veterinary Medicine and by the CVMA. Events including mental health webinars and virtual "profs and pets," are in the works for veterinary students and faculty members. CVMA hosted talks are likely in the works but have yet to be announced.



Feburary Newsletter

✓ Kudos

Publications

Allan, J.A., Herron, R.V., Ahmadu, M.E., Roger, K., Waddell, C. (2020) "I never wanted my children to see their father the way I've seen mine": Caring masculinities and fathering on the Prairies, NORMA. DOI: 10.1080/18902138.2020.1866322

Funk, L., Spencer, D., Herron, R. (2021) Making sense of violence and victimization in health care work: The emotional labour of 'not taking it personally' International Review of Victimology, 27(1) 94–110.

de Moissac, D., Waddell, C., Smith, N., Rocque, R. (2020). Students' perspectives on mental health: Using world cafés to engage in dialogue about health promotion and support services. Collected Essays on Learning and Teaching, Vol. XIII, 2020.

de Moissac, D., **Graham, J. M.,** Prada, K., Gueye, N. R., & Rocque, R. (2020). Mental Health Status and Help-Seeking Strategies of Canadian International Students. Canadian Journal of Higher Education, 52-71.

Roger, K., Herron, R.V., Ahmadu, M.E., Allan, J.A., Waddell, C. (2021) Exploring Ageing and Time as Resources in Men's Mental Health Experiences. Ageing & Society.

Waddell, C.M., de Jager, M.D., Gobeil, J., Tacan, F., Herron, R.V., Allan, J.A., Roger, K. (2021). Healing Journeys: Indigenous Men's Reflections on Resources and Barriers to Mental Wellness. Social Science and Medicine, 270, doi. org/10.1016/j.socscimed.2021.113696

Presentations

Udod, S.A., Care, W.D., Graham, J.M., Henriquez, N., & Ahmad, N. (2020, November). From coping to building individual resilience: Nurse Managers in rural workplaces. Paper presentation at the 2020 ALSN International Conference, Chapel Hill, North Carolina, USA.

3 Grants

Graham, J. M., Newall, N., (Oct, 2020).

Program evaluation of a supporting newcomers workshop on social isolation and loneliness.

Health Studies Research Grant: \$2,444.26

Thomson, A. (Oct, 2020).

Teaching boundaries in psychiatric nursing undergraduate education.

Health Studies Research Grant: \$2,500

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