

CENTRE FOR CRITICAL STUDIES OF RURAL MENTAL HEALTH

Congratulations to Arpit Patel, the ACC student who won the logo contest for the Centre

HEALTH STUDIES BRANDON UNIVERSITY

https://www.centreforruralmentalhealth.com

CENTRE MEMBERS ARE STUDYING THE IMPACTS OF CORONA VIRUS

Researchers looking for students, parents/guardians, and educators to share their experiences

In difficult times, as everyone's lives are affected by COVID-19, your voice can help highlight the sweeping impact of this pandemic.

The research team is looking for youth aged 12 to 18 years old and their parents or guardians from across the province to discuss their experiences with learning and mental health amidst the COVID-19 health pandemic.

Dr. Breanna Lawrence with a team of researchers is hoping to learn how students, their parents or guardians, and educators are faring during this unprecedented learning climate.

"We would like to hear from you about youth learning concerns and about mental health,"

said Dr. Breanna Lawrence, who is leading the project. "By doing this research during the pandemic, we will gain valuable insight into how families are responding to stressors like suspensions of face-to-face classes and how families are accessing educational resources. We want to know more about how youth are participating in activities that promote well-being."

Researchers look at rural community mental health during pandemic



Dr. Rachel Herron

Members of the Centre for Critical for Critical Studies at Brandon University, including Drs. Herron (Geography and Environment), Breanna Lawrence (Education), Nancy Newall (Psychology), Doug Ramsey (Rural Development) and Candice Waddell (Psychiatric Nursing), have combined their expertise to develop a research project in response to rural community needs. The researchers plan to

examine how older adults and front line health care workers are experiencing Covid-19 as well as promising practices for supporting good mental health during this time.

To learn more about these projects or to request to become involved go to the Centre website at https://www.centreforruralmentalhealth.com/

The research team is looking for **older adults (aged 65 or older)** living in rural Manitoban communities (less than 10,000 people) to participate in a one-hour telephone interview.

There will also be a survey for **frontline health care workers** who are currently working in rural communities or rural service centres during Covid-19 to collect information about their experiences and needs.

Kudos—Publications

Allan, J. A., Waddell, C. M., Herron, R. V., & Roger, K. (2019). Are rural Prairie masculinities hegemonic masculinities?. *NORMA*, *14*(1), 35-49.

Graham, J. M., **Waddell, C., M**., Pachkowski, K., & Friesen, H. (2020). Educating the educators: Determining the uniqueness of Psychiatric Nursing practice to inform Psychiatric Nurse education. *Issues in Mental Health Nursing*. https://doi.org/10.1080/01612840.2019.1678081

Lawrence, B. C., Harrison, G. L., & Milford, T. M. (2019). Effects of positive parenting on mental health in adolescents with learning disabilities. *Learning Disabilities: A Contemporary Journal 17*(2), 223-244. http://www.ldw-ldcj.org/open-access-articles.html

Waddell, C. M., Graham, J. M and Pachkowski, K. (May, 2020). Battling associated stigma in Psychiatric Nursing. *Issues in Mental Health Nursing*.