



CENTRE FOR CRITICAL STUDIES OF
RURAL MENTAL HEALTH

April 2021 Newsletter

Monthly Highlight



Suicidality in Rural and Remote Communities: A Scoping Review

Kyrra Hunter Rauch, B.A (Hons), et al.

This scoping review revealed a lack of research on the topic of suicide in rural Canada. This is concerning as the suicide rate has been found to be higher in rural and remote communities. The findings of this scoping review will inform future research on this topic.

The Public Health Agency of Canada (PHAC), in association with the Mental Health Commission of Canada (MHCC), conducted a literature review and stakeholder consultations on suicide in 2018. Many priority populations did not have a voice in those discussions, one of those being rural and remote communities. The PHAC contracted the Centre for Critical Studies of Rural Mental Health (CCSRMH) to conduct an in-depth scoping review on suicide in rural/remote communities.

Member Showcase



Richard Whitfield Community Affiliate

As a person with a diagnosed mental illness, Richard Whitfield is no stranger to stigma and the devastating effect it can have on a person's life. While he experienced the value of medical intervention and clinical support, he believes it is only through community awareness and education that stigma can be reduced and day-to-day understanding can be increased.

Richard joined the Centre for Critical Studies of Rural Mental Health with the goal of participating in mental health advocacy and education. He has facilitated mental health workshops and peer support groups. He is also on the Board of Directors of the Mood Disorders Association of Manitoba. He speaks openly about the challenges and successes of his own mental health strategy, hoping to support others as they work toward their own mental wellness.

From Our Vault

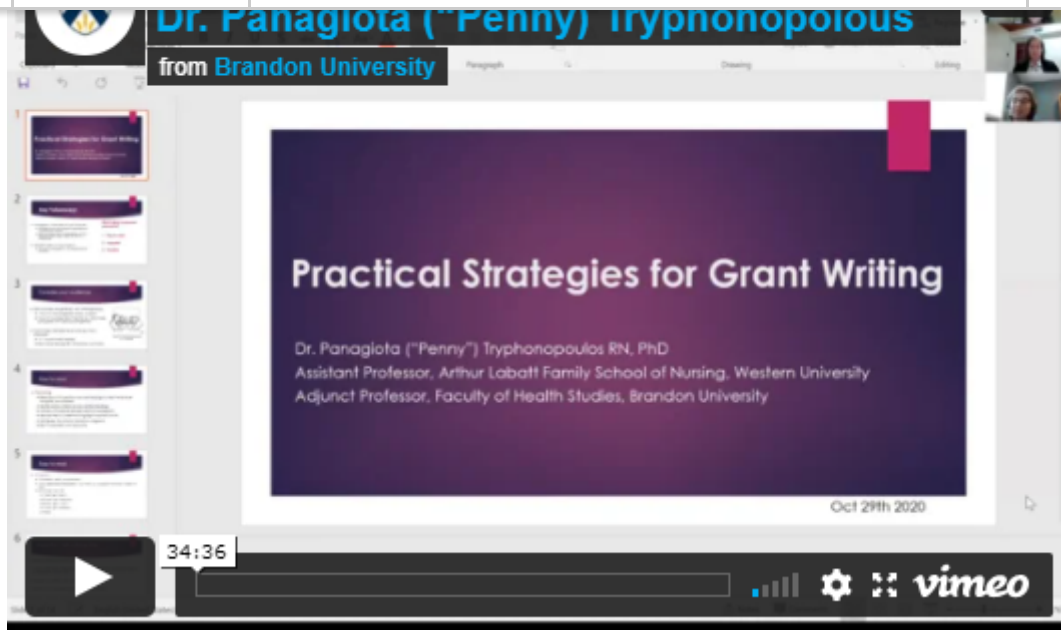




Knowledge Translation

Dr. Bev Temple, Adjunct professor, School of Nursing
Faculty of Health Sciences, University of Manitoba
University of Manitoba

“...this reminded me to choose and use a knowledge translation theoretical framework and provided me ways of integrating knowledge translation into practice.”

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Practical Strategies for Grant Writing

Dr. Penny Tryphonopoulos RN, PhD
Assistant Professor, Faculty of Health Studies,
Brandon University.

“Penny’s presentation was well thought out and easy to follow. She helped me gain perspective as a reviewer as well as a submitter”

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Kudos & Grants

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Nursing and Psychiatric Nursing Students: An Exploratory Study. *SAGE Open Nursing*, 7, [Article number: 994394]. 1-13.

<https://journals.sagepub.com/doi/full/10.1177/2377960821994394>

Hudson Breen, R. E, Lawrence, B. C (2021) A Call for Enhanced Training and Action on the Intersections of Mental Health, Decent Work, and Career in Counselling and Psychotherapy

<https://cjc-rcc.ucalgary.ca/article/view/68542>

Grants

Karpa, J, **Thomson, A.**, & Ramage, M. (2021) Brandon University Research Committee Social Sciences and Humanities Research Council of Canada (BURC SSHRC) Research Grant of \$5,000 in support of their project entitled “Experiences and perspectives of families on psychiatric hospitalization of their family member”.



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